

PRESENTERS

We invited all March 2016 Culture Change Exchange presenters to share a biography and how they envision long-term care in Ontario 10 years from now. Read on!

Daniella Greenwood, National Strategy and Innovation Manager for Arcare Aged Care, Australia

Bio

Daniella is National Strategy and Innovation Manager for Arcare. Key areas of responsibility include stakeholder engagement in the development and implementation of Arcare's Relational Approach and Dedicated Staff Assignment Model. Daniella is a published author and has presented to federal Parliamentarians, and as a keynote at the Alzheimer's Disease International conference in 2015, the Australian Aged Care Quality Agency Better Practice seminars around Australia in 2015, and the Walk With Me conference in Edmonton, Canada in 2016.



Vision

"Today I closed my eyes and thought about a future vision for long-term care. I thought about the kind of future we might want to create together. I saw long-term care homes as a key space for wider community engagement - a space where local groups meet, where children play, where people come to get advice, where elders are continuing to contribute to their local communities. I also saw a 24-hour ice-cream stand - but I think that's because I'm hungry :)"

Agnes Houston, MBE 2016, Churchill Fellow 2016, and Edinburgh Exchange Fellow

Bio

Agnes Houston was diagnosed with early onset Alzheimer disease in 2006 at the age of 57. She is a current board member of Dementia Alliance international and Dementia Friendly communities Sutherland. She is also an exchange fellow of Edinburgh University and an active member of the SDWG.

She was recently hosted by Hammond Care and shown around their care home facilities in Australia. She received training to be involved in the pilot program by The Care Inspectorate on Dementia lay assessor.

She has campaigned for best practice in Dementia care and improving lives of People with Dementia especially on sensory issues. She received a lifetime achievement award from Alzheimer Scotland in 2013, was awarded an MBE in 2015 and a Churchill Fellow in 2016.



Kami Johnson, Assistant Director of Nursing, Lakeland Long Term Care

Bio

Kami is the ADON at Lakeland LTC in the beautiful town of Parry Sound! Kami enjoys short walks on the beach, not working out and dressing her puppies in turtle necks and monocles so that she can refer to them collectively as "Little Gentlemen". Kami is passionate about Person Centered Care and hopes to share this vision for change with all those who serve people touched by long term care!

Vision

Kami believes that the future of long term care is already here; and it's bright and it's wonderful and it's filled with devoted, caring individuals dedicated to ensuring that people who come to long term care continue to celebrate a life filled with meaning, opportunity, happiness and friendship!

Cathy Hu, Clinical Resource Nurse, Pinehaven Nursing Home

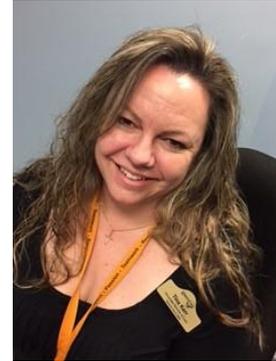
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Tina Kerr, Associate Director of Care, Victoria Manor

Bio

Tina Kerr is a Registered Practical Nurse who started working in health care 23 years ago. She has worked in community, hospital and in long term care sector.

Through her years of experience, she has developed an appreciation of the widespread challenges that face long term care and recognizes that change is the key to success. She is the Associate Director of Care at Victoria Manor and part of a team that strives to lead the way for change in health care.



Pamela Kulas, Administrator, Victoria Manor

Bio

Pamela has a unique 27-year background in Long Term Care and Retirement Living having worked in Dietary Services, Environmental Services, Consulting and Administration.

Pamela began her career in Newmarket, Ontario as Manager of Dietary Services then as an Environmental Manager in long term care. Pam is a strong leader who embraces change with passion and engages her team to grow both personally and professionally.

Previous roles include Versa Care, Central Park Lodges, Specialty Care and Leisureworld Senior Care Corporation.



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Catherine Schalk, Director, Regional Operations, Chartwell Retirement Residences

Bio

Catherine is a passionate Culture Change supporter with 30 plus years' experience in Long Term Care as a front-line team member, administrator and currently Director, Regional Operations with Chartwell Retirement Residences.



Amie Wilker, Administrator, Chartwell Westmount Long Term Care Residence

Bio

Amie is a passionate leader in senior care. She studied Therapeutic Recreation and Gerontology promoting residents' quality of life in the long term care sector through innovative programs. She is currently the Administrator at Chartwell Westmount Long Term Care Residence.



Lisa Smith, Administrator, Chartwell Parkhill

Bio

Lisa is a passionate leader with 20 plus years of experience in various roles most recently as Administrator in Charwell Parkhill. Love for seniors and knowing that the last phase of their life is just as important a chapter as all the others, if not more so.



Lori Demaiter, Administrator, Chartwell Aylmer

Bio

Lori is an experienced administrator with 12 years' experience. Lori strives to provide meaningful work for people who live in her home to thrive and be a part of the community. Lori is currently the administrator at Chartwell Aylmer.



Carey Brestovacki, Corporate Program Consultant, Chartwell Retirement Residences

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Dr. Allen Power, Schlegel Chair in Aging and Dementia Innovation, Clinical Associate Professor of Medicine at the University of Rochester, and Certified Eden Alternative Educator

Bio

Dr. Allen Power is an internist, geriatrician, and the newly appointed Schlegel Chair in Aging and Dementia Innovation at the Schlegel-University of Waterloo Research Institute for Aging. He is also clinical associate professor of medicine at the University of Rochester, NY, and an international educator on transformational models of care for older adults, particularly those living with changing cognitive abilities.

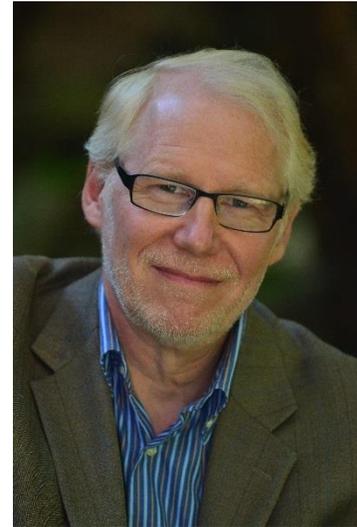
Dr. Power's book, *Dementia beyond Drugs: Changing the Culture of Care* was named a 2010 *Book of the Year* by the *American Journal of Nursing*. He served on the technical advisory panel for the U.S. Centers for Medicare and Medicaid Services for their national antipsychotic reduction initiative. Dr. Power was interviewed for the film *Alive Inside*, winner of the Audience Award for Best U.S. Documentary at the 2014 *Sundance Film Festival*. He also was a member the Scientific Program Committee and a Keynote speaker for Alzheimer's Disease International 2015 in Perth, Western Australia.

Dr. Power was named one of "Five Leaders of Tomorrow" by *Long-Term Living Magazine* in May 2013. His second book, *Dementia Beyond Disease: Enhancing Well-Being* was released by Health Professions Press in June 2014 and the second edition of *Dementia Beyond Drugs* was released in October 2016.

Dr. Power also has a 20-year history working in culture change in elder care. He is an Eden Alternative educator, a member of the Eden Alternative board of directors, and also helped develop St. John's Penfield Green House homes—the only community-integrated Green House homes in the US.

Vision

"My 10-year vision for Ontario is one of inclusion. People will be fully engaged in life wherever they choose to live, and will not be marginalised or segregated based on diagnosis or ability. Furthermore, those in long-term living environments will continue to be able to connect to the larger community and engage in civic, social, and leisure experiences to the extent they desire."



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Carrie McAiney, PhD, Co-Principal Investigator, Partnerships in Dementia Care (PiDC) Alliance, Associate Professor, Psychiatry and Behavioural Neurosciences, McMaster University

Bio

Carrie McAiney is an Associate Professor in the Department of Psychiatry and Behavioural Neurosciences McMaster University and Co-Director of the Partnerships in Dementia Care (PiDC) Alliance. Carrie has been conducting research in the area of dementia for over 15 years. Her focus is on enhancing care and support for individuals living with dementia and their family members, and improving the quality of work life for staff involved in their care.



Vision

“Ten years from now, long-term care has evolved to a state where creativity, curiosity, and a focus on living have become the norm.

Where all individuals – residents, families, team members and volunteers – are empowered and supported to ask “what if...” and are able to enhance living for all of those within the community.”

Sherry Dupuis, PhD, Co-Principal Investigator, PiDC Alliance, and Professor, Department of Recreation and Leisure Studies, University of Waterloo

Bio

Dr. Sherry Dupuis is the former director of the Murray Alzheimer Research and Education Program and a Professor in Recreation and Leisure Studies at the University of Waterloo. She is committed to participatory research and arts-based approaches as a means of promoting personal transformation and social change. To this end, she is currently the co-PI of the Partnerships in Dementia Care (PiDC) Alliance, a large culture change initiative focused on creating a new culture of care, one that places close relationships at its core; ensures active involvement in decision-making by all in the care context; provides empowering, life-affirming and humanistic care; and ensures that processes and strategies are in place so all in the care context are well-equipped to care and better able to translate research into practice.



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Josie d'Avernas, Executive Director, Schlegel-UW Research Institute for Aging

Bio

Josie is the Executive Director of the Schlegel-University of Waterloo Research Institute for Aging (RIA). The RIA is an innovative partnership of 16 long-term care and retirement communities, the University of Waterloo, and Conestoga College, with a focus on practice-relevant research and translation of research to practice. Josie was one of the learning partners who initiated Schlegel Villages' culture change journey and has supported that journey since 2009. Josie has a Master of Science degree in Health Studies and Gerontology from the University of Waterloo.

Vision

"I envision long-term care as a place where excellent care is provided for the complex health needs of those who live there, but that care is not obvious when you set foot in the community. There is no medical equipment in sight, no institutional trappings obvious. What you see is home, where staff, residents and families interact like family, are engaged in meaningful activities, and lead fulfilling lives."



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Kate Ducak, Culture Change Project Officer, Schlegel Centre for Learning, Research and Innovation in Long-Term Care, & Communications Associate, Schlegel-UW Research Institute for Aging

Bio

Kate Ducak is a gerontologist who loves learning and exchanging ideas about person-centred, relational and dementia care, culture change, living life to the fullest, and qualitative research. She has over 15 years of professional and personal experiences in Ontario LTC homes involving applied research, consulting, education, volunteering, and supporting her grandmothers. She studied aging, health and well-being at McMaster University, where she received her undergraduate honours and master's degrees, and at the PhD level at the University of Waterloo.



Vision

"In 10 years, I envision that long-term care homes will be thriving communities where people lead purposeful and meaningful lives and find comfort and enjoyment throughout the day. Through culture change we will put the life back into living in long-term care! Together, we will enrich our society's notions of what it's like grow older and need support."

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Chelsea White, Project Officer, Schlegel Centre for Learning, Research and Innovation in Long-Term Care

Bio

Chelsea's passion for working with seniors began in high school when she was completing a co-op placement at a retirement home. She continued volunteering with older adults while completing her Honours Bachelor of Commerce (H.BCom) degree at McMaster University. She started her career working with Advanced Gerontological Education (AGE) Inc. and Gentle Persuasive Approaches (GPA) in Dementia Care, and now works with the Schlegel Centre for Learning, Research, and Innovation (CLRI) as part of the Research Institute for Aging. Chelsea is currently also completing her Master of Business Administration (MBA). Chelsea hopes to use her passion for business and health to make a real difference in the field of geriatrics.



Vision

10 years from now, Chelsea envisions long-term care in Ontario being a community of all ages, where people young and old come together to learn from one another and live their best possible lives.