

RBJ Schlegel

Research Institute for Aging

The RBJ Schlegel-UW Research Institute for Aging (RIA) is a partnership between the University of Waterloo (UW) and Winston Park and Oakwood Retirement Communities. The RIA promotes research relevant to aging in both community and long-term care settings by providing a voluntary and vibrant living research environment for conducting research which can be translated to a knowledge base from which policy and best practices can be devised and applied to both population health and the health care system. The RIA was recently awarded two out of eight contracts in an Ontario provincial competition for translating best practice nursing guidelines to frontline care.

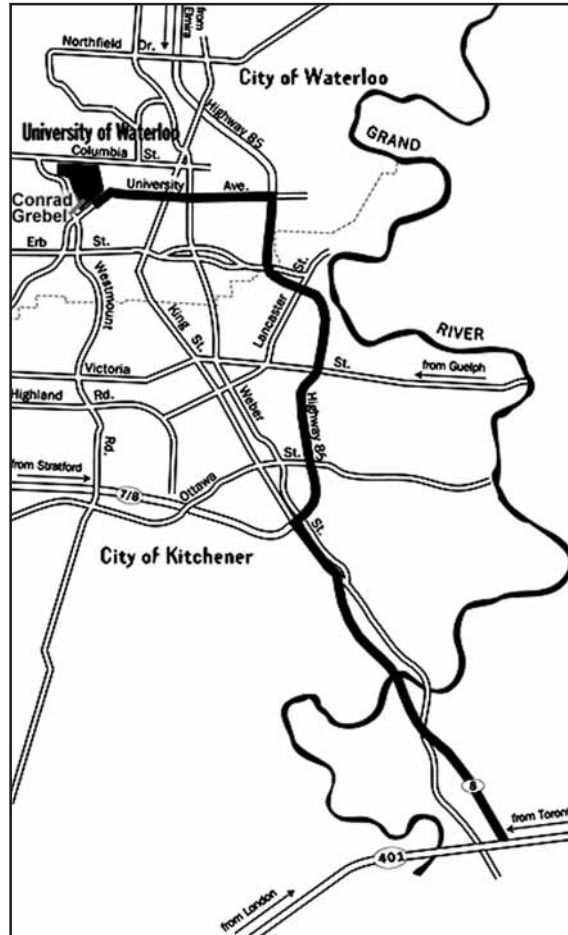
The Spirituality and Aging Program

Spirituality and Aging is a program area of the Research Institute for Aging. Its two-fold purpose is to promote research in the field of spirituality and aging that will enhance the well-being of older adults, and to be a resource to students, community clergy, chaplains, and caregivers through university classes, public lectures, and workshops.

(519) 571-1873 x130
www.ria.uwaterloo.ca

Ron Schlegel, Ph. D., President
Oakwood Retirement Communities
Mike Sharratt, Ph. D., Director
Research Institute for Aging
Marianne Mellinger, D. Min.
Spirituality and Aging Program
Henry Paetkau, Ph. D., President
Conrad Grebel University College

Conrad Grebel University College
is located on the campus of the
University of Waterloo.



Directions to Grebel:

Continue on University Ave. W. to the lights at Westmount Road. Turn right (North) on Westmount and take the first entrance on your right.

Conrad Grebel University College
140 Westmount Rd. N
Waterloo, ON N2L 3G6
519-885-0220
grebel.uwaterloo.ca



Spirituality and Aging Seminar

Caring for the Spiritual Lives of Seniors



Rev. James W. Ellor, Ph.D.,
D. Min., LCSW, DCSW

Friday, November 14, 2008

Conrad Grebel University College

Morning Lecture: 9am-12:30pm

Afternoon Lecture: 1:45 - 5:15pm

No charge • Registration required

Sponsored by
The RBJ Schlegel-UW
Research Institute for Aging
Spirituality and Aging Program
Conrad Grebel University College
University of Waterloo

Caring for the Spiritual Lives of Seniors

9:30am-12:30pm

Rev. James W. Ellor, Ph.D., D. Min., LCSW, DCSW

Caring for the spiritual lives of seniors involves two things: First, we must understand the many ways people have of telling us what their religious or spiritual values and beliefs are; secondly we need the tools to respond in a way that is helpful.

The world of helping can be challenged by the abstraction of faith, but it is sustained by the affirmations from people when we get it right and are able to help. Using case presentations involving issues of mental, physical, and spiritual health, in this discussion we will learn tools for helping seniors or our clients in light of religious belief systems or spiritual self understandings.

Admission is free

To register call 519-885-0220 x24264
or email infocguc@uwaterloo.ca

Using Spiritual Assessment to Facilitate Spiritual Care

1:45 - 5:15 p.m.

Rev. James W. Ellor, Ph.D., D. Min., LCSW, DCSW

Spiritual assessments are invaluable in facilitating spiritual care for seniors. The challenge of spiritual assessment is to develop a tool that functions well in a particular context, and to ensure that the tool is not isolated to the spiritual realm, but rather coordinates with the other assessments offered in the facility in a way that develops a picture of the whole person.

This hands-on, interactive session will present a variety of assessment tools. Participants will be enabled to develop or refine a spiritual assessment tool that can be integrated into their organization's assessment process.

Participants are encouraged to sit with colleagues from their own agency or with participants in a similar discipline to facilitate dialogue options and program objectives. If possible, bring with you other assessments that are used in your organization.

Note: This session is limited to 50 people on a first-come, first-serve basis.

About Jim Ellor

Jim Ellor is the Director of the Center for Gerontological Studies and Professor in the School of Social Work at Baylor University in Texas. He is also the Editor of the *Journal of Religion, Spirituality and Aging*. Among his many writings, his recent books include his forthcoming book, *A Handbook for Future Research in Religion, Spirituality and Aging*, and *Faith Based Initiatives and Aging Services* (2004), *Aging, Spirituality, and Pastoral Care in the Twenty-First Century: A Multi-National Perspective* (2002), and *Aging, Religion, and Spirituality: A Handbook* (1995).

Prior to his appointment at Baylor, Dr. Ellor was one of the founding Directors of the Center for Aging, Religion, and Spirituality at Luther Seminary, in St Paul, Minnesota, and was both a Professor in the Human Services Department and Director of the Center for Positive Aging at National-Louis University, Chicago, IL. He is an ordained minister in the Presbyterian Church, USA and served as chaplain to the Methodist Home of Chicago.